



## Kriya Yoga Association of New Zealand Newsletter

June 2007

Issue 5

**May loving inspiration fill our lives, as the blessings of the Masters guide us in every breath. May KYANZ continue to progress harmoniously, creating a spiritual environment for our inner development.**

*Hari Om Divine All,*

*Humble prostrations before  
God, Christ and the Masters.*

*By Gods grace (and with  
sincere effort) let us  
transform all mundane  
chores into activities of  
simple loving beauty!*

*Dear Kriyavans of New  
Zealand,*

*It is four months until  
October!! This means that  
preparations are beginning to  
take shape for the arrival of  
Swami Samarpanananda.  
You may remember Swamiji  
as the loving monk that  
accompanied Baba during  
last years visit. He will be  
blessing us again with a  
spiritual weekend immersed in  
Kriya teachings. This years  
Kriya Yoga program  
(including initiation,  
meditations and public  
discourse) will be held on the  
19<sup>th</sup> - 21<sup>st</sup> of October.*

*It is true the beloved master,  
Baba Prajnanananda will not  
be with us in physical  
presence this year,  
however..... let us unite our  
minds together in "prayer  
power". Surely with love, we*

*can draw Him to our shores  
next year!*

*We are inviting you all to be  
involved in Swamiji's visit.  
On Saturday 28<sup>th</sup> of July, a  
meeting will be held, for  
anyone interested in being  
part of the organizing  
committee. Look out for an  
email with further details.  
Also, if anyone has any  
fundraising ideas, to help us  
find the funds necessary to  
run the Kriya Program please  
contact Vijay on  
[vssethi@xtra.co.nz](mailto:vssethi@xtra.co.nz).*

**--Fern Watson**

### ***The Avondale Adventure Or "I Had a Thought"***

*It was one of the evenings of  
Guruji's 2004 visit to  
Auckland, when Deven Baba  
and myself completed the  
finishing touches to tidying  
the rented hall. As we walked  
to Deven Baba's car I asked,  
"Do you know where Bibi  
Maa's house is for the meal?"  
Deven replied, "No, I thought  
you knew!" We looked  
around the car park and  
realised that there was no one  
to be found. We had been  
abandoned!*

*I had a brilliant idea: "I shall  
call Partha Baba on his  
mobile." The mobile you are  
calling is switched off. Please  
try later.*

*"I know Vijay Baba's  
number; I shall call him,"  
said Deven Baba. I'm not  
here to take your call so  
please leave a message after  
the tone. "I know Bibi Maa  
lives in Avondale. We will  
drive around until we find her  
car – there are pictures of  
Guruji in all the windows." I  
wasn't sure if this was faith in  
God driving us to such  
optimism, or the smell of Bibi  
Maa's divine cooking. Either  
way I had faith in Deven  
Baba's optimism and we  
started off.*

*I continued to call the  
numbers of all the committee  
members we had, but to no  
avail. They were either  
switched off or no one was  
home. It had been about 20  
minutes of driving around  
Avondale and we could not  
find Bibi Maa's car. The  
smell of divine cooking was  
wafting under my nose as we  
sped through the streets of  
Auckland.*

*"We must pray to God and  
Gurus, Deven Baba." We sat*

quietly for a while as we broadcast our predicament to the divine airwaves, waiting for some holy hand to come down out of the night sky, with a booming voice telling us where Bibi Maa lived. Silence followed until Deven Baba broke in: "I think we're in the wrong area. I know where we can try". We headed up Rosebank Road. I prayed to Guruji: "Hear our call, divine guru, give us a sign." I heard a voice on the airwaves and I cried out: "Take the next left, Deven Baba." We had turned into Avondale Road and we carefully scanned the cars. It was great joy to hear Deven Baba's announcement: "There's Bibi Maa's car."

Hoorah! Thank you God and Gurus. Partha Baba stepped over to us and asked, "Where have you been? We've been waiting for you".

"We'll tell you after," replied Deven Baba. We all gathered around the table while our divine guru blessed the food. Afterwards I looked at Guruji, wondering if he knew what happened. When Guruji served me delicious food, I asked him, "Did you know Deven Baba and I didn't have the address to come here?"

"I had a thought," replied the most beautiful human being I have ever met.

**The moral of the story: Ask and you shall receive guidance no matter how dark your circumstances. Also: All committee members should keep their mobile phones on during holy visits from our divine guides!**

**Peace be with you.**  
Martin Handy

### **Birth Centenary Celebration of Paramahansa Hariharananda**

Kathy Orringe and I had the pleasure of attending this celebration held in Cuttack from 25th -29th May 2007.

The Events started with Paramahansa Prajnanananda leading a 10km Nagar Sankirtan around the streets of Cuttack. Temperatures were in the 40C. Baba said later "The Mayor had said "This is the first time in 35years anything like this has happened in Cuttack ". Journalists said ".Local people were so happy to see so many monks and people in a Nagar Sankirtan-usually a visiting monk would be waving from a car !People are asking who is he? Is he a western monk? Does he speak Hindi!?". Baba answered them "Why don't you speak to me in Oriya, I am from this place!."

Baba told us "To hold this event in Balighai would be easy-there is so much open space-but to hold it in Cuttack would involve the local people-although for us westerners it would mean 10minute walking distances from venues."

About 7000 local people crowded into the venue upstairs every afternoon, this truly was a spectacle many had never seen. They were all invited as well to dinner in the evening.

We had meditations, spiritual discourses, devotional songs during the day. At about 4-30pm each day about nineteen monks from all over Orissa would pour onto the stage. After lighting the lamp, Baba

would offer garlands to them all and introduce them. Each night there would be a Mahasatsanga-where a chief guest and a guest of honor would speak, and Baba would translate later in English. In between speeches Baba would introduce new books.

One night the Hon.Justice Mr. I M Quddusi was chief guest, another night the King of Orissa - Shri Dibyasingha Deb. There were many important dignitaries there. The last event was magic show by Swami Jnananada Saraswati with all the modern tricks of a magician. It was amazing. The Indoor stadium was beautifully decorated, a huge photo of Paramahansa Hariharananda stood in front and his many truths printed around the walls. Paramahansa

Prajnanananda was speaking on the last night, saying for us westerners to have darshan of so many monks,we are so very fortunate. For him ,he loves us all and enjoys coming to our countries to stay and teach us but he misses the company of all these monks,his friends, in Orissa. He was so very happy being with them, and I realize what a sacrifice he makes to leave all that behind for us. After the programme was completed next day we all visited the Balashram. The school project where Baba is increasing the number of children and adding on to the existing building. Baba says costs have osculated ,a bag of cement last year was 28 R this year it is 40R. I wonder if in NZ we could help him by maybe making automatic payments into an account,to pool our money and give it as one donation from NZ..

**-Mavis Manson**

**My experience with detachment from Guru's form**

*I must state from the onset that the feelings arising from my experiences are only a perception of mine. Different disciples will have their own experiences and how they perceive the actions and words of our Beloved.*

*During the early months of Bramachari Training in 2005, one morning after meditation as I came down the stairs and went to bow at His Lotus feet. He said "Attached to my physical form". I replied "Yes, I am only a child". Recently as May 7th 07, in Uttarkarshi Baba ignored me when I bowed at His feet as he lay on the couch. The next day I expressed my unhappiness and complained at his partial treatment of female disciples. Our Beloved said very crossly that "You came to bow to a physical form, you bowed and you go". In another words, what more do you want. I did not leave the matter there of course, I was argumentative and wanted my "pound of flesh" I won't go into print what else Baba said.*

*At other times He ignores you even if you are standing right in front of him. I experienced this ignoring whilst I was in Sydney Retreat in 2006. You feel so unloved by the One who you love most. This is hard to take. All I can say is that. He loves us all equally. Baba treats each of us according to our needs. I feel my relationship with Baba is one of respect. With others it is like father-child relationship or teacher-student or like friends.*

*I know of some who are told not to come to Balighai. Stay in whichever country you come from and meditate. Baba is Omniscient and know exactly what is going on with us. Time and again He has proved it to us. If only we tune into Him and listen carefully... Baba has said for every Compassionate Guru there are hundred stupid disciples...*

*Guru-disciple is very individual, but you all know that already. The only way we can repay Baba is to pray, practice, practice and practice. Be devoted and have complete faith in Him.*

*All my love to everybody at home and to you most of all.*

**Much Love  
Bibi**

**Excerpt from "The Torah, the Bible and Kriya Yoga" by Paramahansa Prajnanananda.**

**Chapter 58: Divine Love**

All religions, holy books, and realized masters speak of love. But what is love? How does one cultivate love?

Love is often a topic of reading and discussion. But is love merely a word? Can love be possessive or selfish? Is love nothing more than sacrifice? Love is the essence of life. Love is fulfillment. Love is the manifestation of purity, divinity, and liberty in every moment of life. Love is our experience of our divine nature. Love is the supreme purifier. Love transforms life. The Bible has a beautiful definition:

*Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self seeking, It is not easily angered; it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, Always perseveres. Love never fails.*

1 Corinthians 13:4-8

The ancient scriptures say:

*moksha karana samagryam  
bhaktireva gariyasi  
svasvarupanusandhanam  
bhaktirityabhidheeyate  
svatma tattvanusandhanam  
bhaktirityapare jaguh,*

“Among all the means of liberation, love (devotion) is supreme. To honestly seek our real nature is love. In other words, love can be defined as the search for the reality of the soul.” (Viveka Chudamani 31-32)

Love is the necessary qualification for God-realization, and conversely, love is the result of God-realization. Love is the means and the end. Love begins within; individual love grows into universal love. Perfect love is the state of being one with the universe, being in love with creation.

Love is the realization of the soul and the perception of God's presence in everything. Love in the world is full of expectation and emotion. Spiritual love is a limitless perception of unity without differentiation or division. In the ordinary sense, people fall in love, but in spirituality people rise in love.

Meditation creates an awareness of universal love. Meditation helps us love ourselves and love others, because we can perceive the presence of the soul everywhere.

### **CLOSING CEREMONY**

Thousands attended the closing ceremony in Cuttack. Many monks, both male and female, from around the world, were present to remember the unique life of Paramahansa Hariharananda. Friends who attended, have said it was a great opportunity to serve Gurudev, as there was a lot of work to do with so many guests and a large public turnout. They also said Baba Prajnanananda spoke so nicely and there was rich, uplifting vibrations all around.

### **UPCOMING EVENTS**

#### **Baba's Birthday**

In five or six weeks it will be the birthday of master Paramahansa Prajnanananda. This special date is August 10<sup>th</sup>. It falls on a Friday this year. In loving reverence for Baba, we could hold an extra meditation followed by a pot luck dinner and a DVD (of Baba teachings of course!). If there is anyone who can offer their home as a meeting place for this celebration please contact me on (09) 817 7245 (Fern).

#### **October 2007 visit**

Swami Samarpanandaji will be visiting Auckland from Friday, 19 October 2007 to Sunday 21 October 2007.

Fale Pacifika of the University of Auckland has been confirmed as the venue. We will send out directions and parking details as soon as they are available.

A free public discourse is scheduled from 6:00pm to 8:00pm on Friday 19 October. Initiation and technique training is expected to be held from 8:00am to 6:00pm on Saturday 20 October and upto two guided meditation sessions on Sunday 21 October 2007.

Once the details are finalized, we will post the details on the website and advise you all by email.

[www.youtube.com](http://www.youtube.com)

If you haven't already checked out this site, do visit it to see many short videos of Paramahansa Yogananda.

Recently added is some lovely footage of Gurudev Hariharananda. The link for this is:

<http://www.youtube.com/watch?v=-nBKSHhltSA>

A short and beautiful video of Paramahansa Prajnanananda, speaking at the peace congress held last year in Frankfurt, is also available for viewing at:

[http://www.youtube.com/watch?v=tZd\\_8EQ0UAK](http://www.youtube.com/watch?v=tZd_8EQ0UAK)

### **IMPORTANT DATES IN 2007**



[5<sup>th</sup> January](#) - Birthday of Paramahansa Yoganandaji  
[20<sup>th</sup> January](#) - Birthday of Sanyal Mahasaya  
[10<sup>th</sup> May](#) - Birthday of Shri Yukteshwarji  
[17<sup>th</sup> May](#) - Establishment of Prajnana Mission  
[27<sup>th</sup> May](#) - Birthday of Paramahansa Hariharanandaji  
[2<sup>nd</sup> August](#) - Mahasamadhi Swami Satyanandaji.  
[10<sup>th</sup> August](#) - Birthday of Paramahansa Prajnananandaji  
[26<sup>th</sup> September](#) - Gurudev Lahiri Mahasaya's Mahasamadhi.  
[30<sup>th</sup> September](#) - Birthday of Lahiri Mahasaya  
[17<sup>th</sup> November](#) - Birthday of Swami Satyananda Giri  
[3<sup>rd</sup> December](#) - Mahasamadhi of Paramahansa Hariharanandaji  
[13<sup>th</sup> December](#) - Birthday of Bhagawat Gita (The day The Bhagawat Gita was completed by Maharishi Vyasa)  
[25<sup>th</sup> December](#) - Birthday of Lord Jesus

**"The very touch of the Guru can elevate a sincere devotee to an advanced stage, but only his unceasing practice combined with love, faith and devotion will lead him to God-realisation."**

**Shri Lahiri Mahasaya**

## LIBRARY



KYANZ has organised a list of Kriya Yoga books, CDs and DvD's.

Also among the Kriya family there is lots of literature available to anyone wanting to read up on Kriya Yoga and related topics. Just ask any one of the committee members if you are looking for a particular book. If we do not have it, we will point you in the right direction.

Spiritual books by other great holy masters and certain titles of Kriya Yoga books can be purchased via Sai Library. These books are imported from India. Please email Vijay at ([vssethi@xtra.co.nz](mailto:vssethi@xtra.co.nz))

## WEBSITE



[www.kriyayoga.org.nz](http://www.kriyayoga.org.nz)

## WEEKLY MEDITATION



The opportunity to attend guided meditation as given by Gurudev is unique. We have two CDs which guide you through Kriya practice.

## Saturday Meditation:

**Newton Central Hall, 16 Waima Street, Newton.**

The earlier start at 8:00am has met a positive response. Wonderful attendance continues to create the uplifting group vibration.

We have been advised by the Auckland City Council that from 1 July 2007, bookings at this hall will be managed by Newton Central School and that we are to wait for the school to contact us.

We have been assured that there will be no disruption to our regular bookings. Vijay will keep you posted on developments on this.

## Wednesday Meditation:

**7:00pm, Taraire Room, Wellpark College, 6 Francis Street, Grey Lynn, Auckland.**

We encourage you to come to a session! The timing and venue (Welpark College) seem to make for a very peaceful meditation, those who come on a Wednesday are in agreement. So let this be, that tipping bit of info. that motivates you to come along!

## Monthly Meditation

We will also continue with the **two-hour meditation on the last Saturday of the month, from 8:00am until 10:15am.**

## CONTACT DETAILS.

For any information about KYANZ Inc. or Kriya Yoga in general please contact either of the following members.

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**"The needle of the compass of your mind should always point to the North to His presence."**

**- Paramahansa Hariharananda**

## SUGGESTIONS & COMMENTS

May ample loving thoughts and inspirations, be the immune stimulants needed for winter. Let loving actions create radiant inner warmth that no cold rainy day can quash! Should you feel the need for some vitamin C though, try a natural source like dried Amla fruits. You can purchase them from many Indian shops (I recently got some from that bulk food store tucked behind Wendy's on Dominion Rd, at the Mt Eden end). Simply chew the dried fruit, admittedly they are a bit tough and woody at first, but soon you can taste the Vitamin C tang! They are one of the richest sources of vitamin C, said to contain 30 times more than oranges.

Best wishes everyone,  
om tat sat om  
(only God is truth)

**"To be able to give yourself HOPE in the darkest hour of your**

*darkest day is inner  
strength. Meditate  
nicely"*

**-Swami  
Satyananda**

In our Baba's immortal words

**"May God, Christ and  
Masters bless us all"**