



Kriya Yoga New Zealand Incorporated Newsletter

May 2005

Issue 1

**Hari Om Divine All,
Welcome to the very first newsletter of our young association.
May this endeavor blossom in the years to come.
We hope your year so far has been a peaceful journey full of spiritual progress.**

Formation of KYANZ

Since Gurudev's visit in 2004, a big effort has been made to develop Kriya Yoga in New Zealand. A small group of initiates has formed a committee to create a foundation for the teaching of Baba Prajnanandaji and the lineage of Kriya Yogis. This committee has put together a constitution to manage the administration of the society. Hence creating "Kriya Yoga Association of New Zealand Incorporated" [KYANZ]. We see this activity as a way of raising the quality of life of individuals, families, societies and the nation and by its very nature reversing the destructive trends that would appear to dominate today. We need your support and welcome you to become a member. Your participation in whatever way you are willing and able helps to ensure the teachings of Gurudev are given life through example and practice. A membership form is attached, please complete and return with your cheque made payable to Ohwa Kirbey,

16 Clyma Place, Massey,
Auckland.

Upcoming Events

27th May is Gurudev Baba Hariharanandaji's birthday; in 2006 it will be his first Centenary celebration. It is a good idea to start thinking about what we can do here to commemorate this special day. Online at www.prajanamission.org/sponsorship.htm there is a number of wonderful sponsorship opportunities for Gurudev's Centenary. Check it out as any support we can offer helps globally and promotes Gurudev's teaching.

As for this year, May 27th falls on a Friday, we will keep you posted on any planned activity. Suggestions are most welcome. I suppose the biggest news of all is our beloved Gurudev Prajnanandaji will be visiting Auckland from the 7th -9th October. Initiation and discourses will be part of the visit but we will advise closer to the date full details.

Important dates

10th May – Birthday of Swami Shri Yuktेशwarji
27th May – Birthday of Gurudev Baba Hariharanandaji.
2nd August – Mahasamadhi of Swami Satyanandaji.
26th September – Birthday of Gurudev Lahiri Mahasaya
30th September – Birthday of Lahiri Mahasaya.
17 November – Birthday of Swami Satyanananda.
3rd December – Mahasamadhi of Gurudev Baba Hariharanandaji.

Library

It would be great to see a Kriya Yoga Ashram in NZ with a library. For now Bibi Ma has a selection of books and CD's that she is willing to lend provided it is returned. Generally among the Kriya family there is lots of literature available to anyone wanting to read up on Kriya Yoga and related topics. Just ask anyone one of us if you are looking for a particular book. If we do not have it, we will point you in the right direction. **Sai Library** – spiritual books and

some on Kriya Yoga can be purchased from the Sai center. These books are imported from India and sold at nominal prices. Rajan Ma can help you here if you give her the book details or want a list of titles available, her email details are 'rajan.bedi@clear.net.nz'

Website

The Kriya Yoga NZ website is being developed by Kim Knight. We will keep you posted as to when the site goes live. Any technical help would be appreciated.

Weekly meditation

The opportunity to attend guided meditation as given by Gurudev is unique. We have two cd's which guide you through Kriya practice. Meditation on Wednesday is at 7PM in the Taraire Room, Welpark College, 6 Francis St., Grey Lynn. Meditation on Saturday is a 9AM at Newton Central Hall, Waima St., Newton.

Committee Members

With the approval of Gurudev the following initiates have been appointed to the Executive Committee,

President: Paramahansa Prajnananda.
Vice President: Partha Roop
Secretary: Bibi Hamel
Treasurer: Ohwa Kirbey
Committee Members:
Karuna Gautam
Fern Watson
Kim Knight
Ranjan Misra
Natasha Boyack
Deven Pillay

All future appointments will be effected at the next annual general meeting.

Contact details.

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Help needed.

If you can help in the following areas, it would be most welcomed and appreciated.

- Website development.
- Does anyone have a place where they would be willing to hold a Kriya Yoga Retreat for Gurudev's Centenary celebration.
- We would like to get a set of large photos of gurus to use at any Kriya event.

- We need to organize a platform/dais for Gurudev's seating. Anyone with carpentry skills?

Of course, any kind of help is gladly accepted, so if you are interested in getting involved please contact anyone one of the committee members.

Quote of Inspiration

"No cruelty exists in God's plan, because in His eyes there is no good or evil – only pictures of light and shadows. The Lord intended us to view the dualistic scenes of life as He does Himself – the ever-joyous Witness of a stupendous cosmic drama. "Man has falsely identified himself with the pseudo-soul of ego. When he transfers his sense of identity to his true being, the immortal soul, he discovers that all pain is unreal. He no longer can even imagine the state of suffering." *From Saying of Paramahansa Yogananda.*

Suggestions & Comments

The purpose of this newsletter is to keep all initiates and members informed of the associations activities. We would love to hear your feedback, ideas and suggestions on how to best enhance the look and feel of the newsletter. If you have any suggestions for our newsletter name please let us know.

Also if you have any future articles you wish to contribute to our next newsletter please email Fern at spearmintleaf@hotmail.com